



To: Parents/Guardians

From: Mr. John Cohrs/Primary Department Faculty

Date: September 19, 2016

RE: Birthday Celebrations in School

Every student's birthday is recognized at Aquinas Academy. Birthday greetings are announced as part of our morning announcements, including summer birthdays which are remembered in June.

There is no expectation that parents provide snacks/treats. However, if you wish to send in something for your child to share on his/her birthday, please send it in with your child in the morning (with appropriate utensils if needed) or drop it off at the main office before school starts. The birthday treat should be a healthy option (see a list of suggestions below) and it will be shared during your child's snack break in the morning. During this time, the entire class can celebrate.

Please do not send in party games, balloons, party favors, or goodie bags as they will not be permitted in your child's classroom. Additionally, we kindly request that parents refrain from entering the classrooms as it disrupts the children's daily learning routine.

If your child has dietary restrictions or allergies, please send in a safe treat that can be stored in the class for upcoming birthday celebration.

Thank you in advance for your cooperation.

Healthy birthday treat options

PLEASE KEEP IN MIND THAT AQA IS A NUT-FREE SCHOOL

Jello/Pudding

Baked snacks

Pretzels

Some cereal bars

Low fat string cheese

Fruit Kabobs

Rice cakes

Low fat crackers

Veggies & Dip

100% Juice boxes

Low fat flavored milk

Popcorn in festive bags